

**Affirmations**

The seal of the Holy One blessed be He is truth. (Shabbos 55a)

emet	<	Hu	<	Baruch	<	Hakadosh	<	shel	<	Chotamo
<b>אֱמֶת</b>	<	<b>הוּא</b>	<	<b>בְּרוּךְ</b>	<	<b>הַקְּדוֹשׁ</b>	<	<b>שֶׁל</b>	<	<b>חֹתָמוֹ</b>
is truth	<	He	<	blessed	<	the	<	of	<	the seal
				be		Holy One				

Truth will sprout from the earth, and righteousness will look down from Heaven (Tehillim 85:12)

nishkaf	<	mishamayim	<	v'tzedek	<<	titzmach	<	mayeretz	<	emet
<b>נִשְׁקַף</b>	<	<b>מִשְׁמַיִם</b>	<	<b>וְצֶדֶק</b>	<<	<b>תִּצְמַח</b>	<	<b>מֵאֶרֶץ</b>	<	<b>אֱמֶת</b>
will look	<	from heaven	<	and	<<	will sprout	<	from	<	truth
down				Righteousness				the earth		